



HAWAII ACADEMY OF
FAMILY PHYSICIANS

FEBRUARY 16-18

GRAND NANILOA HOTEL

HAFP 2024 ANNUAL UPDATE AGENDA

FRIDAY, FEBRUARY 16, 2024

Time	Session Topic	Speaker(s)	Location	Workshops
7:00 AM–8:00 AM	Registration Breakfast Sponsored by Hilo Medical Center Exhibits		Sandalwood	
8:00 AM–8:15 AM	Welcome/Land Blessing	Leimomi Kanagusuku, MD	Crown	
8:15 AM–9:00 AM	Walking in Their Shoes	Tochi Iroku-Malize MD, MPH, MBA, FAAFP		
9:00 AM–9:45 AM	Practicing Cultural Humility with Native Hawaiian and Local Patients	Makana Kushi, PhD		
9:45 AM–10:00 AM	Coffee Break Exhibits		Sandalwood	
10:00 AM–10:45 AM	The Role of GLP-1 Receptor Agonists & Gamma-Linolenic Acid in Weight Loss	Ellen Stehouwer, DO	Crown	<i>(Registration Required)</i> IUD Workshop IUD insertions and removals: The basics and beyond 10:00 AM – 12:15 PM Komal Soin, MD Donna Wilke MSN Ho’Omalimali
10:45 AM–11:30 AM	Dermatology Pearls for Family Physicians	Spring Golden, MD		
11:30 AM–12:15 PM	Management of Latent TB	Capt Richard Brostrom, MD		
12:15 PM–1:15 PM	Lunch Exhibits		Sandalwood	
1:15 PM–2:00 PM	Board/COD Nominee Presentations	Leimomi Kanagusuku, MD	Crown	
2:00 PM–2:45 PM	Updates in the Management of CKD	Stephen Brunton, MD, FAAFP		
2:45 PM–3:00 PM	Coffee Break Sponsored by Ho’ola Health Exhibits		Sandalwood	
3:00 PM–3:45 PM	Updates in the Treatment of Children and Adolescents with Obesity	Nash Witten, MD, FAWM, FAAFP	Crown	<i>(Registration Required)</i> Advocacy Workshop 3:00 PM – 4:30 PM Christina Marzo, MD, MPH Kelly Withy, MD, PhD Ho’Omalimali
3:45 PM–4:30 PM	Update on Gout/CPPD Management	Sadao Jinno, MD, MSc		
4:30 PM–6:00 PM	Welcome Reception Sponsored by Hawai’i Pacific Health Exhibits		Sandalwood	

SATURDAY, FEBRUARY 17, 2024

Time	Session	Speaker(s)	Location	Workshops
6:45 AM–8:00 AM	Registration Breakfast Sponsored by Inspire Sleep Exhibits		Sandalwood	
7:00 AM–7:30 AM	NON-CME Session: “I can’t wear my CPAP mask” – Hypoglossal Nerve Stimulation for Obstructive Sleep Apnea	Mary Worthen, MD	Ho’Omalimali	
8:00 AM–8:15 AM	Opening Remarks	Nash Witten, MD, FAWM, FAAFP	Crown	
8:15 AM–9:00 AM	Resident/Student Oral Abstract Presentations			
	Deprescribing Potentially Inappropriate Medications (PIMs) Across Four Geriatric Care Settings	Pedro Ayau Aguilar, MD		
	Often Overlooked: Immune Reconstitution Inflammatory Syndrome (IRIS)	Christopher Alvord, MD	Crown	
	Finding A Way with the Wayfinder Patient Navigation Program: Addressing Chronic Disease Disparities for COFA Migrant Populations in Honolulu	Sylvia Nguyen Kiara Arakawa-Taum		
9:00 AM–9:45 AM	Practice Approaches to Acute Pain Management	Stephen Brunton, MD, FAAFP	Crown	
9:45 AM–10:15 AM	AAFP Update	Tochi Iroku-Malize MD, MPH, MBA, FAAFP	Crown	
10:15 AM–10:30 AM	Coffee Break Exhibits		Sandalwood	
10:30 AM–11:15 AM	Breastfeeding: What Every PCP Should Know	Melissa Robey, MD, IBCLC	Crown	(Registration Required) CGM Workshop 10:30 AM – 12:00 PM Catherine J.S. Tsang, MD, BS-ADM Jarred Prudencio, PharmD, BCACP, BC-ADM Ho’Omalimali
11:15 AM–12:00 PM	CVD - Atrial Fibrillation	Alamelu Ramamurthi, MD, FHRS	Crown	
12:00 PM–1:00 PM	Lunch Exhibits		Sandalwood	
1:00 PM–2:00 PM	HAFP Business Meeting	Leimomi Kanagusuku, MD	Crown	
2:00 PM–2:45 PM	Myelodysplastic Syndromes (MDS)	Shaun C. Donegan, MD	Crown	
2:45 PM–3:00 PM	Coffee Break Sponsored by Diagnostic Lab Services Exhibits		Sandalwood	
3:00 PM–3:45 PM	The Menopause Transition: Optimally Protecting Emotional Health	Celeste Adrian, MD	Crown	(Registration Required) POCUS Workshop: US of the Knee 3:00 PM – 5:00 PM Bradlee K. Sako, MD Aaron Suzuka, MD Kana Maeji, DO Ho’Omalimali
3:45 PM–4:30 PM	Financial Literacy in Physicians: Lost Topic or Forbidden Fruit?	Emilio Ganitano, MD	Crown	
6:00 PM–9:30 PM	HAFP Foundation Dinner and Live Auction (Ticketed Event)		Crown Room	

SUNDAY, FEBRUARY 18, 2024

Time	Session	Speaker(s)	Location	
8:00 AM–8:45 AM	Registration Breakfast		Crown	
8:45 AM–9:00 AM	Welcome/Opening Remarks	Christina Marzo, MD, MPH	Crown	
9:00 AM–10:00 AM	Reflections on Lahaina	Nicole Apoliona, MD Kalamaoka'aina Niheu, MD	Crown	
10:00 AM–11:00 AM	Improving Early Diagnosis and Management of Alzheimer's Disease	Lauren Okamoto, MD and Lauryn Ando, MD	Crown	
11:00 AM–12:00 PM	Understanding Endometriosis to Improve Patient Care	Kareem Khozaim, MD	Crown	
12:00 PM–1:00 PM	Lunch on your own			
1:00 PM–5:00 PM	Group KSA – Musculoskeletal <i>Registration Required</i>	Leimomi Kanagusuku, MD	Crown	